



# McGill

## THE MCGILL UNIVERSITY RESEARCH CENTRE FOR STUDIES IN AGING (MCSA)



APRIL 2017

***Welcome to the first edition of our Newsletter.  
Here is a brief description of some highlights from the past year.***



The Brainy Boomers Lecture Series began in 2007 in conjunction with Alzheimer's Society of Montreal. These lectures are organized by the Education Committee of the McGill University Research Centre for Studies in Aging and are presented by academic professionals and medical specialists in various fields. The series that began with a few topics has since gained in popularity and continues to be one of our Centre's activities. Participants gain new knowledge, techniques and enthusiasm to engage the challenges and the benefits of the many golden years. In 2016, the Centre held 23

lectures and met with 1,080 participants.

**2007-2017**



**Dr. Katia Faustini, Silvana Aguzzi and Tamar Tatigian ( Brainy Boomer Lecture 2007)**

**SAVE THE DATE: THE BRAINY BOOMERS LECTURE SERIES WILL BE CELEBRATING ITS 10<sup>TH</sup> ANNIVERSARY IN OCTOBER 2017 – SYMPOSIUM DATE TBA**



On behalf of the MCSA Education Committee, Dr. Jens Pruessner presented Dr. Dolly Dastoor, Chair of the MCSA Education Committee, a framed photo in recognition of the A-List Award that she received from the Indo-Canadian Outstanding Achievement list.

On May 6, 2016, MCSA organized a scientific conference sponsored by the Molson Knowledge Exchange Fund and the Douglas Hospital Knowledge Transfer Office.

Two internationally renowned speakers were invited, Dr. Linda J. Van Eldik, PhD., and Dr. Paul Edison, PhD, they provided an overview of basic mechanism underlying neuro-inflammation as well as quantification of these alternatives in the living human brain. These lectures were accredited by the McGill University Faculty of Medicine (CPD) Continuing Professional Development.



The MCSA Education Committee organized an exhibition at Place Bonaventure entitled “Le Salon Carrefour 50 ans+”. The event gathered a large number of participants in the heart of downtown Montreal on April 22, 23 and 24, 2016. MCSA was there to greet over 635 participants that visited our booth and received information packages about our Centre.



MCSA Booth at Place Bonaventure on April 22, 23 and 24, 2016.



James Deko, Dr. Jens Pruessner and Dr. Serge Gauthier on June 16, 2016, at the MCSA Affiliate/Associate Annual Meeting & Donor Reception.

Eight year old James Deko gave a wonderful presentation on Alzheimer’s disease. Donors, members, staff and students applauded and gave him a standing ovation. He demonstrated to us all that when Alzheimer’s disease touches a loved one it also affects everyone else in the family. The Centre would like to acknowledge and THANK ALL OUR DONORS for their generosity and support. We hope to see you at this year’s Annual Donor event which will be held on Thursday, June 8, 2017.



Dr. Judes Poirier, Dr. Jens Pruessner, Dr. Jacqueline McClaran, Dr. Serge Gauthier, and Dr. Pedro Rosa-Neto. (MCSA Centre Directors, Past and Present)

To mark the Centre’s exceptional 30<sup>th</sup> Anniversary a Symposium was held on the grounds of the Douglas Mental Health University Institute on September 21, 2016, entitled: “ADVANCES IN RESEARCH ON BRAIN HEALTH.” Symposium participants attended this one day event where

they were informed on the most recent information on brain health by renowned international guest speakers: Dr. Monique M.B. Breteler, MD and Dr. Clive Ballard, MD, PhD. This day was also significant because the Symposium was held on “World Alzheimer’s Day”, which is the day on which Alzheimer’s organizations around the world concentrate their efforts on raising awareness about Alzheimer’s and Dementia.

Last year on Sunday September 25, 2016 “Team MCSA” participated for the 7<sup>th</sup> time and joined the Montreal Marathon Oasis. This incentive is part of our organization’s fundraising efforts. The event is a team effort where staff, students, donors, and public lecture participants get involved and make a commitment toward their health and well-being. Join us this year and walk or run the 5KM on Saturday, September 23 or the 10KM, 21KM, 42.2KM on Sunday, September 24, 2017.

Alzheimer Disease Research Unit Director Dr. Serge Gauthier and Dr. Rosa-Neto utilize the best clinical practices and cutting-edge technologies for diagnosis of medical conditions associated with memory problems. The Memory Clinic is actively involved in cognitive research and is recognized internationally as a Clinical Trial Site. Clinical trials (Phase II-IV) that test the efficacy and safety of experimental drugs for AD and other cognitive disorders are ongoing. Presently MCSA is recruiting participants for 4 different studies. To participate/or/for information please call or contact Tamar Tatigian at 514-766-2010 or email [tamar.tatigian@mcgill.ca](mailto:tamar.tatigian@mcgill.ca). [www.aging.mcgill.ca](http://www.aging.mcgill.ca) <http://alzheimer.mcgill.ca> [www.tnl-mcgill.ca](http://www.tnl-mcgill.ca) FOR ALL EVENTS RSVP call 514-761-6131 x6308 or email [silvana.aguzzi@mcgill.ca](mailto:silvana.aguzzi@mcgill.ca)